

Work at Height Risk Assessment Checklist

Area inspected			
Date			
Assessment carried out by			
Hazards identification	Yes/ No	Are Existing Controls in place and Adequate? Yes/No	What actions are required?
All work at height:-			
Has it been properly planned?			
Will it be appropriately supervised?			
Will the methods to be used ensure that it is carried out safely?			
Will it only carried out when the weather conditions do not jeopardise the health or safety of persons involved in the work?			
Are all persons engaged in any activity associated with working at height competent to undertake the work that they are expected to perform?			
Does this include organisation, planning, use, or supervision of work involving the use of work equipment for working at height?			
Can the required work be carried out without working at height?			
Where work has to be carried out at height are measures to prevent any person falling a distance liable to cause personal injury in place. (includes work carried out from an existing place of work)?			
Have all ergonomic or other risks to those involved or other persons been considered and catered for?.			
Where there is any residual risk of fall has it been ensured that the following have been provided: work equipment for preventing a fall occurring? (collective protection) work equipment to minimise the distance and consequences of any fall? (collective protection) additional training and instruction? other additional suitable and sufficient measures, to prevent any person falling a distance liable to cause personal injury?			
Do the above precautions take account of the: <ul style="list-style-type: none"> • working conditions / risks where the work equipment is to be used; • access and egress distances; • distance and consequences of a fall; • duration and frequency of use; • need for easy and timely evacuation and rescue in an emergency; • additional risks posed by the use, installation or removal of that work equipment or by evacuation and rescue from it; and • other provisions of the Regulations. 			
Do all Guard-rails, toe-boards, barriers or similar comply with Schedule 2?			
Do all working platforms comply with Part 1 of Schedule 3?			
Does all Scaffolding comply with Part 2 of Schedule 3?			
Are all fragile surfaces adequately protected?			
Have adequate, suitable and sufficient			

precautionary measures been taken to prevent persons falling through fragile surfaces?			
Are adequate warnings posted at all fragile surfaces ?			
Where this is not possible have all persons been made aware of the dangers associated with the fragile surfaces concerned?			
Have adequate precautions been taken to prevent the fall of any material or object?			
Where this is not practicable have steps been taken to: <ul style="list-style-type: none"> • prevent any person being struck by falling material or object liable to cause personal injury? • ensure that no material or object is thrown or tipped from height in circumstances where it is liable to cause injury to any person? • ensure that materials and objects are stored in such a way as to prevent risk to any person arising from the collapse, overturning or unintended movement of such materials or objects? 			
Where there is a risk of any person at work falling a distance or being struck by a falling object liable to cause personal injury have steps been taken to prevent unauthorised persons entering the area? Is this area clearly indicated?			
Has all access equipment been properly and safely installed and inspected by a competent person?			
Are there procedures in place to ensure that any such equipment is inspected at suitable intervals and every time the exceptional circumstances, liable to jeopardise the safety of the work equipment?			
Have all working platforms used for construction work where a person could fall 2 metres or more been inspected before use?			
Have all mobile working platforms been inspected onsite within the last 7 days?			
Has physical evidence of inspections of all access and lifting equipment been examined before work commences?			
Are adequate results of inspections recorded kept until the next inspection?			
Are systems in place to ensure that all surfaces, parapets, permanent rails or other fall protection measures at every place where work at height is to be undertaken are checked before every time it is used for any work at height			
Are there systems in place to ensure that any activity or defect relating to work at height, which may be likely to endanger the safety of persons on site will be reported and acted upon?			
Have all persons likely to use any work equipment or safety device provided for work at height, been instructed to use the work equipment or device in accordance with any training or instruction?			